

# NiLean Fat Burning Challenge

**NEW IMAGE**  
Medical Aesthetics & Wellness

## 2011 Final Results

Four women, ranging in ages from their 30's to their 50's competed in the 2011 NiLean Fat Burning Challenge. Weekly updates were broadcast on Magic 102.1 FM. After only 2 months on the diet and one month off the diet, where they had no portion restrictions, here are the results:

<u><b>NAME</b></u>	<u><b>WEIGHT</b></u>	<u><b># LOST</b></u>	<u><b>%FAT LOST</b></u>
Deborah M.	202 → 160	<b>42 lbs.</b>	37%
Peggy T.	188 → 159	29 lbs.	<b>44%</b>
Shelly M.	240 → 211	29 lbs.	18%
Donna B.	177 → 155	22 lbs.	37%

### Competition highlights include.....

- Patients lost as much as 10 pounds in one week.
- Two patients lost more fat than total pounds lost. Peggy T. lost 29 pounds but **35 pounds of fat** on our Body Composition test
- All patients were able to keep the weight off in the first month off the diet and one patient lost 14 more pounds.
- Patients reported NO HUNGER at wakeup or in-between meals.
- All patients reported more energy and fewer food cravings.
- Patients no longer crave processed and "junk" foods.

**Are YOU Ready to Be the NiLean HCG Diet's Next Success Story?**

Call Us Today at 706-769-5757

Your first month's results are Guaranteed!

